



**The Hangleton
& Knoll Project**
Working for a better community

The Hangleton & Knoll Project Youth Team Summer Report 2012

During the summer of 2012, the youth team worked with a total of 126 young people. Young people engaged really positively this year, and the summer programme was a success in a number of ways, which included:

- Positive participation of young people
- Developing joint working partnerships with other agencies
- High levels of attendance at activities/events from young people
- Low levels of young people 'dropping out' of activities
- Lots of new young people engaging for the first time
- Successful community based local events

This was all achieved on a significantly lesser budget than previous years, with the youth team working creatively to ensure the quality of youth work did not suffer, and the programme was diverse, exciting and developmental for young people.

The summer programme offered a range of activities for young people which included: Young women's events, a residential, karaoke, swimming trips, Butlins trip, kayaking trips, community park events, open drop in's, all culminating in a 'reward trip' to Thorpe Park! Below is a more detailed taster of some of our most well received trips and activities.

Positive activities

Young Women's Diva Day Consultation Event – 2nd August

The young women's diva's day was planned and organised by 3 of our assistant youth workers, who have been part of the young women's group, and were supported by the youth team. The aim of the day was to provide a safe, relaxing and fun 'women only space'. One of the main desired outcomes was to consult with young women. We wanted to know what they thought of existing services and provision, how safe they felt in the area, and where they felt safe to access, and also provide their own ideas and direction for future young women's work. The three volunteers worked really hard, to creatively

engage young women in the consultation. They used flip chart, voice recorders, stickers, maps etc to record their evidence. On the day they also wanted a 'fun' element, so we provided food and music, had giant games, did badge making and jewellery making, and had Hangleton Holistics offering FREE beauty treatments.

The event was held at Hangleton Youth Centre. We had 19 young women ranging from 12-17 years old attend. The consultation will be collated with the assistant youth workers this term, it will be invaluable in ensuring young women's work remains needs led, and that local young women are engaged in decision making and shaping their youth work opportunities.



Residential - Brook Farm (Adventure Unlimited site) 2nd-3rd August.

8 Young people participated in an overnight residential to Brook Farm. Whilst there, they participated in group games, night games and team challenges. They also took part in the obstacle course, zip wire, and tree abseil which were on site activities. Young people helped with cooking and clearing up, packing down and clearing away.

Workers evaluation of the trip was positive – “The group all participated, were helpful, supported each other, tried things, and overcame some of their personal conflicts and challenges.

Adventure Unlimited were excellent - both in the activities that they ran, and the quality of the youth work that they provided. We would 100% suggest this as the site for another activity/residential if we had the available funding in the future”.



When asked what their favourite part of the residential had been, young people said: *"the zip wire", "the tree abseil", "it was all perfect", "the blind walk", "getting to meet all the staff", "hearing people doing well on the teambuilding games", "all of it"!*

Graffiti workshops at Hangleton Park 1st/ 8th August in partnership with BHIP

Two graffiti workshops took place over the summer. Despite some issues with partnership working, the sessions went well and were well attended on both occasions. 17 young people ranging from 11-19 years old took part across the two sessions. Young people engaged really well, and for long periods to achieve the task of painting the astro court.

After the first session, a lot of tagging had been done across the court and across the work that young people had done the previous week. However, young people responded really well to



this, and engaged in the task of 're-doing' some of their work. This was really positive. In addition the day saw young people increasing their skills as well as developing new relationships with each other.

Thorpe Park 30th August Joint Trip with H&K Project/Hove YMCA

One of the most popular trips of the summer, as always, was the Thorpe Park trip. This year the youth team decided to use this trip as a 'carrot', making this a reward trip for young people that positively engaged throughout the summer. We made it clear to young people that although they could put themselves forward for a place, we would not be choosing who went on the trip till the end of summer, and they had to earn their place through positive participation. This worked really well, and young people were keen throughout summer to help out, volunteer, clear up etc. We also saw a drop in the number of young people not attending activities, and generally behaviour at most activities/events was good. The trip took place in week 6 of the summer

holidays and a total of approx 40 young people attended, 22 from H&K Project. Both the workers from the H&K Project and Hove YMCA were really positive about this joint working experience, and we are keen to replicate this in the future, possibly in October half term.



Children Can Do

Kayaking – Adur Activities Centre 25th July

8 young people between the ages of 8-12 years old, participated in the Children Can Do funded Kayaking trip. The session was facilitated by an instructor from the Adur Outdoor Activities Centre. During the session the young people learnt kayaking skills, played water games and had fun capsizing their kayaks! Young people really enjoyed the session, particularly the games, and their feedback of the facilitator was really positive. Kayaking was new to most of the young people, so this activity provided them with a positive learning opportunity. They also developed their peer

relationships and teamwork throughout the day, as well as relationships with the workers supporting the session.

As part of the session, two young people, J and H, were asked to take on a 'journalist' role, using a voice recorder, to evaluate what the participants had thought about the trip. The transcript below is a short example section of their evaluation (names have been made anonymous).

H and J: "Hello we're back to A and R, who were with us on the trip today"

J: "did you learn something new on the trip today"

R: "how to kayak"

H: "Over to A. Did you learn something new on the kayaking trip?"

A: "Yeah, I'm going to do it again"

J: "What did you learn?"

M: "Was there any specific thing you thought 'oh I've really learnt that"

A: "Not being as nervous"

J: "Over to O. Did you learn something new on the trip today O"

O: "Yes, to go really fast".

J: "Did you like the instructor?"

O: "Yes"

J: "Over to C, did you learn something new today?"

C: "I learnt that I can...capsize"

J: "Over to H, what did you find the most interesting about the day and what was your best bit and what did you learn"

H: "I learnt how to capsize, to go out, away, and, it's been really good today"



Manifesto Work

Following on from successful consultation work conducted by local young people with the support of the Hangleton & Knoll Project Youth Team, a project was launched before summer to develop a 'Youth Manifesto/Action Plan' for the area of Hangleton & Knoll. Several senior young people the project works with, have come together to plan and deliver workshops with local young people to translate their perceived needs into a tangible plan for positive developments that would enhance and improve the lives of young people locally.

Over summer 2012 two in-depth workshops were delivered which captured the views of 24 young people on issues including 'facilities', 'health', 'opportunities', 'environment', 'perceptions of youth' and 'activities/events'. . The manifesto group met twice over summer, where the



workshops took place. The groups enjoyed a meal at Days restaurant, and also participated in a kayaking trip. The finished manifesto document should be completed by the end of this year.

Assistant Youth Workers

One of the big successes of summer 2012 has been the high levels of young people's leadership and participation. The newly named assistant youth workers have been excellent at taking on roles and responsibilities in supporting activities and trips. They have been involved in planning, organising, recruiting, participating, role-modelling, and just about everything to support the youth team to deliver a positive summer programme. We have 7 main youth volunteers, but it has been great to see so many of our other older known young people take on leadership roles and responsibilities as well. This has really developed relationships with young people and other members of the community, and has given these young people a sense of being valued, increased confidence and self esteem, and ownership of the youth work we offer.

Detached

Detached youth work has continued to run over the summer, and although some sessions have been quiet, we have met both new and known young people. Through detached we have done some outreach work, promoting the trips and activities on offer, in particular the community events and park nights. We have also been able to engage in meaningful discussions with

young people. Some of the issues that we have explored with young people through the summer period include:

- School/college transitions
- Alcohol & drugs
- Personal safety
- Youth crime
- Anti social behaviour
- Employment, jobs and careers

Youth Team highlights

“It’s impossible for me to pick one highlight from the whole summer programme! Overall, I think we engaged a wide range of young people and it was particularly positive to see some new young people get involved. Having the very popular Thorpe Park trip as a reward worked well to support positive engagement and participation. Our assistant youth workers were ace, and completely invaluable to us, especially at some of the larger community events, so a big shout-out and thank you to them for their time and support. The community fun day had a really great atmosphere...and watching young people negotiate the sumo suits was hilarious! However, if I had to say name one particular activity as a highlight, I would have to say the overnight residential to Brook Farm. We took a group of 7 young people, known and newer contacts, who camped out at Adventure Unlimited site in Mayfield. They took part in a range of activities including group challenges, tree abseiling, zip wire, obstacle course, night games, putting up tents, cooking a meal. All the young people taking part overcame their own personal and social challenges over the course of the trip and really built up relationships with each other and with youth workers. In total it was only 24 hours...but such a lot was achieved in those 24 hours”.

Helen Bartlett Youth Participation Worker

“There are so many really positive things about summer, young people’s participation was brilliant, meeting lots of new young people was great, and I really enjoyed the relaxed and fun atmosphere at the community events. Picking a highlight is difficult, but I would say the Young women’s Diva’s day really stands out for me. I have been involved in young women’s work for some time now, and have seen this project go from strength to strength. The divas day was a culmination of lots of positive factors: The meaningful and longstanding relationships we have developed with young people, the positive participation of young people in planning, organising and delivery of the event, young women’s ownership of the project and its direction, and young women having a voice and influence on youth work provision.

It was great so have so many young people attend, and the age range was really mixed, so we had older young people taking a lead on the day, together

with younger young people, engaging for the first time in young women's work. Our 3 assistant youth work volunteers, need a particular mention, as they have emerged through the young women's project, to be invaluable support for the youth team, in their decision making, leadership and creativity. Well done to them!"

Nina Bhirangi – Bishop Part Time Youth Worker

"The highlight of the summer programme for me was the development of our volunteering programme and the progress made by the 'Assistant Youth Workers' both individually and as a group. Regular certificated training and planning meetings with the group seemed to show a lot of value for the members and going into summer all of them signed up to help deliver our activities and trips out. Confidence and ability for all of the Assistant Youth Workers appeared to soar over this time and our Youth Work team found their contributions invaluable. The work with these young people will continue to develop as we have dedicated regular time to their development; it's possible we are looking at several of our future Youth Workers!"

Adam Muirhead Part Time Youth Worker

"My highlight of the summer was the children's community day at Knoll. The event was organised by the Children Can Do group, who did a fantastic job of planning loads of fun activity's such as sumo suits, face painting and fun sports games like egg and spoon and sack raising. The group also helped youth workers with the running of the activities. We also had the help of our volunteer assistant youth workers. They worked really hard to make this a wonderful day for the whole community. Well done everyone who helped to make this a fun packed event"

Polly Brooks Youth Participation Worker

Quotes from young people

"I'm glad I went in the pool in the end because I got over my fear. I've only been in the pool twice. When I would go to the sea I would always wear shorts and a t-shirt over my swimsuit" (Young Woman, aged 17, reflecting on her self esteem/body image).

"Obviously this place, cos you're here to help people". (Young Man aged 17, when asked what are the best things in this area).

"Working over the summer was a challenging but rewarding experience that I would happily repeat. I have developed my knowledge and skills of working with other young people and have enjoyed every part of my summer with the HKP". (Assistant youth worker, aged 17)

Challenges

Some of the challenges that arose from the summer programme came about through activities that we supported jointly with other organisations. Although joint working, is obviously a positive thing; sharing resources, pooling workers, meeting new young people etc, we felt that these pieces of work fostered some learning for the team around issues including communication, expectations and responsibilities, and in particular, how young people responded to unfamiliar workers and young people.

It was disappointing during the summer programme that one of the football tournaments had to be cancelled. However, this was felt necessary by the team, due to some animosity that workers had observed toward new young people, attending an event in Knoll, and them considering the astro to be 'their turf'. To try and address this, we will be doing some joint work with Hove YMCA in the October half term, where we will be doing a football skills session, and AMEX tour on 'neutral ground', so the young people can be introduced to each other in a safe and supportive way.

Statistics

8-12 year olds

A total of 41 additional 8-12 year olds (those not counted from Aspire statistics below) took part in the following activities:

- Bead-making on detached
- 2 kayaking trips (funded by Children Can Do)
- 2 graffiti session (in partnership with BHIP)
- Intergenerational karaoke
- Swimming trip to Triangle
- Miniature Herb Planting
- Football Tournament (funded by Children Can Do)
- Community Fun Day (funded by Children Can Do)
- Sports in the Park
- Friday night BBQ and rodeo bull event

Of these, 27 young people were "new" (15 young women, 26 young men).

11+ Aspire Statistics

Total individuals engaged over summer

Age	Female	Male	Total
11-12 Years	5	9	14
13-19 Years	27	40	67
20+ years	2	2	4
Total	34	51	85

Broken down into projects or pieces of work, these figures are as follows:

Youth Manifesto

Age	Female	Male	Total
11-12 Years	2	0	2
13-19 Years	13	8	21
20+ years	0	0	0
Total	15	8	23

Detached

Age	Female	Male	Total
11-12 Years	0	3	3
13-19 Years	4	13	17
20+ years	0	1	1
Total	4	17	21

Positive Activities

Age	Female	Male	Total
11-12 Years	5	8	13
13-19 Years	27	36	63
20+ years	2	1	3
Total	34	45	79

Volunteering

Age	Female	Male	Total
11-12 Years	0	1	1
13-19 Years	3	1	4
20+ years	0	0	0
Total	3	2	5

Report compiled by Nina B-Bishop with contributions from the youth team