

Executive Summary

Women's Health: Community Health Event

A health event offered to the community to improve communication and access between patients and local health services with a focus on women's health.

The event took place on the 15th March 2025 at the Downsman Community Space and 39 people attended.

Event Outcomes

39 Attendees
81 Conversations
22 Referrals/signposting
74 Interventions (advice/leaflets)
18 Complementary Therapies



Women's Health Event

Downsman Community Space
Downsman Court, Hangleton Way, Hove, BN3 8ES
Saturday 15th March
10am-12pm

An opportunity to drop-in and chat to health providers including:

- Menopause Specialist
- Sexual Health and Contraception Services
- Breast Cancer Screening Specialists
- Plus lots of information on healthy lifestyles and local activities

No need to book in advance!
All welcome.

For more information contact Claire Hines:
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FREE Complementary therapies

FREE Refreshments and Healthy Snacks



Women's Health: Community Health Event

Aims:

- To create opportunities for communication between patients and health services.
- Build trust between patients and health services.
- Provide information about local services – understanding roles and functions of local groups.
- To promote self-care and well-being.
- Reduce health inequalities.

Services attending the event were -

- Breast screening service
- Gloji – weight management services
- Ovarian Cancer Support group - Macmillan
- Age UK – Social prescribers.
- Act on Cancer Together – improving cancer screening intake.
- Sexual Health and Contraception Service
- Pelvic Health physiotherapy
- Digital health support – Hangleton and Knoll Project
- Menopause specialist
- Burwash pharmacy



Event Outcomes –

81 conversations took place across all the stalls at the event.

22 people were referred to or signposted to their GP or other clinician/service:

One person was referred to their GP urgently following a discussion with the menopause specialist. They were concerned as the person had post-menopausal bleeding which required further investigation.

Two people were referred to their GP as they were experiencing breast symptoms – one with lump in armpit and one with puckering of the breast by the breast screening team. Both patients identified issues with accessing the GP as reasons for not being checked.

74 interventions were carried out (advice provision, leaflets)

20 Networking opportunities were made.



Appendix

Outcomes table

Provider	Outcomes
Menopause Specialist	Conversations: 4 Referral to GP: 4 One woman stopped HRT recently but has risk factors for osteoporosis – able to advise on investigations and lifestyle advice. One woman had postmenopausal bleeding – advised to see GP. Advice: 6 Leaflets: 4 Signposted: 5 Networking: workplace menopause education. SHAC – to contact Tara
ACT	Conversations: 10 Advice: 3 Leaflets: 6 Showed ACT breast cancer video to 2 people and 2 more want to refer their clients to it on the TDC website. Networking: links made with 4 people
Sexual Health and Contraception service	Conversations: 7 Advice given: 2 contraception, STI's and HIV testing. Signposted: 4 – GP, SHAC, home test kits, CGL Networking: breast screening, ovarian cancer, community pharmacy, HKP 50+ group. Standout conversation: 50+ discussion re STI risk, discussing re signposting and HIV testing.
Age UK – Social Prescriber	Conversations: 11 Advice given: 2 Leaflet: 4 Signposted: 1 Other: 4 Networking: with Macmillan Horizon Centre – information gained on ovarian cancer to take back and explore. Stand out conversation: Advice re state pension and what other monies they could claim. Information and signposting to nail cutting service.
Gloji	Conversations: 6 Advice given: 6 Networking: 2
Ovarian Cancer Support Group	Conversations: 7 Advice: 2 Leaflets: 1

	Signposted: 1 Networking opportunities: 4 Stand out conversation: Lady who had history of breast cancer discussed various elements of care and signposting
Digital Support - HKP	Conversations: 12 Advice: 5 Drop-in 3 Leaflet: 4 Networking: Age Uk Standout conversations: Showed the Age UK website, information on how to order repeat prescriptions. Helped with browsing websites and Facebook. Promotion of IT drop-in.
Pelvic Health Physiotherapists	Conversations: 10 Advice given: 4 Leaflet provided: 6 Signposted: 4 Provided samples of YES products: 2 vaginal moisturisers and lubricants Networking: very useful to signpost patients with increased BMI to Gloji.
Breast screening	Conversations: 14 Referral to GP: 2 Women with symptoms – one with lump in armpit and one with puckering. Advice: screening information provided to women below and over screening age. Breast check advice and family history advice provided. Leaflets provided: 13 Signposted: 1 Networking: discussed providing a check your breasts presentation for young girls.



Feedback from services –

Age UK Social Prescribing Team: *“Great networking opportunities and able to talk to lots of the public about the service we offer”*

SCFT Pelvic Health Physiotherapists: *“Good to see which other services are out there/networking. Enjoyed all my interactions with other stall holders and members of the public”*

Burwash Pharmacy: *“Promoting ear waxing, blood testing and travel vaccines”*

ACT: *“Some conversations with local residents and very good links made with other services who want to share ACT work through their networks”*

SHAC: *“Good to see people that we are unlikely to attend clinic”*

