



Date: May 2023

Summary of project

During the Easter Holidays 2023, funded by a Youth Led Grant, young people from the Hangleton and Knoll Project went on a two night residential stay to Foxlease Guiding Activity Centre. A total of 11 young people and one young volunteer were supported to go on the trip and take part in various team building and outdoor activities that pushed the group out of their comfort zone and saw them enjoy the great outdoors!

Activities included high rope climbing, archery and fencing; many of which the group were trying for the first time. Meal times were had together and for some it was the first time they had been away from home and their parents/ carers. The group were involved in the planning of the activities as several of those in attendance had written the bid and chosen where the residential would be. The group also chose the activities they would like to do and had input into what food would be served at meal times as well as how the rooms would be allocated. Almost every element of the trip was youth led and the group were lucky to be supported by a youth volunteer.

What was the need being addressed?

Places were offered to young people who consistently access youth club sessions with an aim of forming a Youth Steering Group for the new youth centre that will be built. In addition, young people who do not usually get to go on holiday were targeted. Lastly, there were issues around bullying that members of the group had faced and the residential offered a fresh perspective and place to hold some conflict resolution for these young people to move forward.

Outputs table

Session Dates	Contacts
Easter Holiday Prep meeting	11 young people
Easter residential two nights	11 young people plus one volunteer

Impacts and outcomes - tell the story

- Many of the young people have tried new activities and broadened their experiences. For example doing things outdoors was not usual for a few of the young women particularly after lockdowns. "I love the youth trip. Best trip EVER. It pushed me through some challenges like the climbing wall and made me meet a new group of friends that are amazing. The youth team also made the trip hilarious and so worth going." – R, age 16
- Young people who had experienced difficult bullying episodes were able to resolve these and become friends after taking part in team building exercises and bonding in an environment that felt safe and supported by youth workers.
- Many of the group members have since come to youth sessions that they had not attended previously and become a lot more involved in the youth group. Several of the young people have become good friends, spending time together outside of youth club and creating a group chat to all socialise independently of youth club, this shows benefit for the wider community- to have more young people accessing positive activities.
- Several of the group members who came said that they had not been away from home before and that this was a large step for them and has impacted their confidence in a positive way.
- Funding- We spent 100% of the money allotted for the YLG on the residential (accommodation, food and activity)

What young people say

"It was nice to work with different people the youth team were amazing and it was very fun thank you for taking us." – T, age 14

"I really enjoyed the experience because I got out of my comfort zone and tried new things like fencing"- M, age 13

"I really enjoyed it, first time away from home and was pretty fun even with the ups and downs of being away" - L, age 14

"I had a great time and found it was a great time to socialise and meet new people I found It was a great thing to do and a great opportunity." F, age 15



Contacts

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