



Summary of project

Building on the successful summer youth project Safe Out in Summer, with the support of HNF, we have been able to continue this work in the form of a weekly term time youth club at Hangleton Community Centre. Every Wednesday young people aged 13-19 have taken part in planning and organising their own activities. The group have tried new healthy foods such as stir-fry, cooked up by young volunteer Declan. They have been able to access physical exercise in the form of football, table tennis and Spike Ball games. Additionally, the group have been able to make new friends and relationships, this has been particularly important for those who have experienced bullying locally or isolation in school. The group recently started creating a HANGLETON YOUTH CLUB sign together which has been a great bonding exercise. Young people bring their own games and activities to youth club that they would not be able to enjoy at home alone and have played games that nourish their critical thinking and debating skills. Recently 5 members attended the local Youth Wise event to give their views on the Cost of Living Crisis to the council and supported each other to join in. The group will continue over the next two school terms and has so far been a success.

What was the need being addressed?

ASB around Hangleton Park has problematic in the community. Relationship breakdown and abusive posts on facebook between adults and young people has become a problem. In addition a group were identified hanging around the park being bored all the time and it was noted that there was not enough local provision for diversionary activities. Additionally the young people were experiencing bullying and not feeling safe in the community; needing a safe space to have fun.

Outputs table

Session Dates	Contacts
September - March	21 young people have access the youth club
We have monitored statistics by using ASPIRE and taking a register at each session. We have monitored qualitative outcomes by asking young people and partners their experience of the group.	

Impacts and outcomes - tell the story

- Many of the young people have tried new activities and broadened their experiences. For example our young volunteer has cooked foods that are healthy and young people have not tried before. Last time he cooked all the young people were happy to sit together enjoy a meal around a table. "I don't usually do this at home and it was delicious" said M age 13
- Young people have had the opportunity to play table tennis with an experienced Brighton Table Tennis coach and we have had another young volunteer support this. "I have really seen her talents come on" said Helen (BTT coach) of one young member.
- Young people have started their own debates and discussions around important issues such as school uniform costs and the cost of living crisis. Having a space to share family stresses during this time is very important and supportive.
- Due to the success of the club we have been able to continue it into Spring and Summer term with the young people steering the activities and content even more going forward.

What young people say

"We enjoy having the youth club since it gives us an opportunity to talk about school and how we have felt during the week." (T, age 15)

"I have enjoyed going to Youth Wise on the trip because it helps us talk to other people who we wouldn't get the chance to meet" (L, age 15)

"It gives me a space to be me"
(F, age 15)

"We feel like the youth team are there to support us and help when we need it"



Contacts

The Hangleton and Knoll Project Youth Team

 youth@hkproject.org.uk  01273 706469

