



*Date: 2/4/2024

Children & Young people Fund Evaluation

Please use this form to record how your project has delivered against the aims that were in your application. Please do not use the names of the participants. Those marked * are compulsory.

***Your name (and/or) organisation:**

Helen Baxter Youth Work Manager

The Hangleton and Knoll Project

***Postcode:** BN3 7FP

***Delivery area (e.g local authority or neighbourhood):**

Hangleton and Knoll Brighton and Hove

***All other partners/schools:** YES Project

***Project dates (start/finish - approx):** September 23 to March 24

***Outputs: The numbers**

We would like you to record the type and number of sessions that you have delivered. Please also include the number of people that have attended each session, and (where appropriate to the project's aims) any demographic feature or protected characteristics (age ranges, ethnicity, gender, any disability or religion). What was the rough catchment area, (e.g Midhurst, or Chichester, or West Sussex).

e.g.: 12 badminton sessions. Total number of attendees: 34.

CPD: 1x Level 4 Specialist Qualification

HKP / YES Project Street Dance Outputs Table			
	Date	Location BN3 7FP (catchment area Hove and Portslade) Type of session	Number of young people Aged 10 - 14
1	25/9/2023	Street Dance Class / Choreography and Training	M2 F13 Total 15
2	2/10/2023	Street Dance Class / Choreography and Training	M2 F13 Total 15
3	9/10/2023	Street Dance Class / Choreography and Training	M2 F13 Total 15
4	16/10/2023	Street Dance Class / Choreography and Training	M2 F12 Total 14
5	23/10/2023	Street Dance Class / Choreography and Training	M2 F6 Total 8
6	30/10/2023	Street Dance Class / Choreography and Training	M2 F12 Total 14
7	6/11/2023	Street Dance Class / Choreography and Training	M2 F11 Total 13
8	13/11/2023	Street Dance Class / Performance Rehearsal	M2 F12 Total 14
9	20/11/2023	Street Dance Class / Performance Rehearsal	M2 F12 Total 14
10	22/11/2023	PERFORMANCE / HKP AGM 40 th Birthday	M2 F12 Total 14
11	27/11/2023	Street Dance Class / Performance Rehearsal	M2 F12 Total 14
12	1/12/2023	PERFORMANCE The Barn Theatre	M2 F12 Total 14

13	4/12/2023	Street Dance Class / Performance Rehearsal	M2 F12 Total 14
14	9/12/2023	PERFORMANCE The Brighton Centre	M2 F8 Total 10
15	11/12/2023	Social fun session	M2 F9 Total 11
16	8/1/2024	Street Dance Class / Choreography and Training	M2 F9 Total 11
17	15/1/2024	Street Dance Class / Choreography and Training	M2 F11 Total 13
18	22/1/2024	Street Dance Class / Choreography and Training	M2 F11 Total 13
19	29/1/2024	Street Dance Class / Choreography and Training	M2 F11 Total 13
20	5/2/2024	Street Dance Class / Performance Rehearsal	M2 F 11Total 13
21	19/2/2024	Street Dance Class / Performance Rehearsal	M2 F11 Total 13
22	26/2/2024	Street Dance Class / Performance Rehearsal	M1 F10 Total 11
23	4/3/2024	Street Dance Class / Performance Rehearsal	M2 F13 Total 15
24	11/3/2024	Street Dance Class / Performance Rehearsal	M2 F13 Total 15
25	18/3/2024	Street Dance Class / Performance Rehearsal	M2 F12 Total 14
26	22/3/2024	PERFORMANCE The Brighton Dome	M2 F13 Total 15
27	24/3/2024	Trip to The Old Market Theatre	M2 F7 Total 9
28	25/3/2024	Youth Voice Meeting / Planning for next term	M2 F7 Total 9

Catchment area:

Young people attending are from BN3 and BN4 postcodes.

Ethnicity:

Black African x 1

Mixed Black African x 3

Asian British x 1

Disability:

EHCP / Autism x 1

Total number of individuals who benefited from this grant for this period:

18

Outcomes: The stories of change

What, if any, change has occurred in the people or community because of your activity (e.g., improved well-being of participants). This is a great place to include quotes from participants.

We would like to understand:

- Any change in participants during the project (distance travelled): this should be done with pre and post surveys. It might include levels of activity or attitudes towards exercise.
- What planned outcomes worked?

- Any unplanned or unexpected outcomes: This could include broader impacts on participants' lives, like taking up new habits, or changing detrimental lifestyle choices. For example an older person from one of our projects has changed their behaviour/habits and goes for a 30 min walk once a week - they do it with friends from their coffee morning having encouraged the rest of the group to come with them.
- Anything else that might be helpful for our funders?

Participants are often the best people to help you highlight impact, so please include any additional examples that they have mentioned where they know change has happened for them, even if there isn't data collected to support this.

Distanced Travelled

All the participants achieved a digital badge for their commitment, development and participation in street dance as outlined in the case study below.

Planned outcomes that worked

Due to the nature of attendance linked to goals and ambitions working towards performances the participants experienced the euphoric feeling of success. The participants performed in front of the live audiences and joined a wider dance community across the City celebrating the power of dance and performance.

Feedback

One of the unexpected outcomes was to receive such consistent support from all the parents and positive:

It's a great place for my daughter - she's made new friends and learnt new skills. The live performances have improved her confidence too. And she loves that although the atmosphere at the classes each week is relaxed, with an emphasis on fun and collaboration, the group achieves really good routine outcomes, which she's proud of.

Great place for children to learn to dance of all abilities, my 2 girls have really enjoyed the opportunity to perform with the group and have gained a lot of confidence. Training every Monday they have gained new friendships, is also great that this time is a screen free zone, great form of exercise for the mind and body! The children are learning a great skill for life as exercise should always be fun and enjoyable. Amazing dance teacher that is teaching the children great Musicality skills

HKP Street Dance is absolutely excellent. My daughter gave it 10/10 friendly, approachable, supportive group, and they give the group the opportunity to perform, which in turn builds confidence and give the guys focus and something to look forward to and work towards, which in



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turn gives my daughter the willingness to achieve ,and feel valued , and also provides a great social outlet for her , 😊

My daughter has been so lucky to be a part of the HKP dance crew. She not only benefits from attending the classes each week, which provide her with great exercise, foster great team spirit and confidence, but she is also had an opportunity to train as a dance leader and participate in multiple shows and events with her crew. This in turn gives her a fantastic sense of accomplishment and pride. Both Rhiannon and Helen are wonderful and so supportive, they have created a fantastic environment for the children to thrive and achieve whilst having fun. Thank you so much 😊

My son loves being a part of the HKP dance crew, he has been lucky enough to be a part of several performances which he has also enjoyed immensely. The group has instilled a great work ethic in Luca and showed him that hard work pays off. He adores Rhiannon and Helen and he's made some new friends and introduced some other children to the group too. We are so grateful to have such a fantastic facility like HKP serving our community, long may it continue.

Case Study

We like hearing your stories to help inspire others to improve their work. Case studies are a quick way of capturing what you've done, including successes and what you might have done differently. Although individual stories are welcome, this should be an overview of the whole project. If you have inspiring personal journeys, please include details at the end of this form.

How did you know the need?

The why bit: We would like to know how you have identified the priority groups in your community that your project is addressing. We want you to include any insight and data and match this with anecdotal evidence that helps you to demonstrate this. This could include any consultation, feedback, or informal conversations.

It is poignant to know the historical background of how the need came about as it was originally born out of the global COVID-19 pandemic. Back in 2021 (post pandemic) we had a few younger girls aged 11 to 13 attending our open access youth provision who had asked to try street dance as a way of having some fun, learning to dance and to be a bit more active. They were particularly keen as they had missed out on opportunities during lockdowns where gatherings and events like 'Let's Dance' had been cancelled. To support this ambition and with a small grant of £500 from the Healthy Neighbourhood Fund we ran a pilot project. It was a success and the girls wanted it to continue so the project has grown from there. The main barriers to get

involved in clubs that young people and parents have told us about are accessibility (location) and the cost. Many of the families in the communities we serve are on low incomes and live in social housing and we are best placed locally at the Hangleton and Knoll Project (HKP) to support children and young people to follow their goals and dreams. HKP has been working at grassroots level in the area delivering youth work and supporting community development for 40 years. Every term we consult with our young members to establish the youth offer and so far, every term they have wanted Street Dance to continue on the programme. This means that we are continuously seeking funding to keep the sessions accessible and free. This round funded through 'active Sussex' has contributed to the delivery to meet the need with much appreciation.

What did you do?

This is the who (coaches, audience), what (physical activity), where (sports centre, local park, etc), when and how bit.

Please use this space to give us the story of what activities you delivered. Give as much detail as possible. Talk about design of the programme - for example, you wanted to ensure that someone from the community led the sessions, so focused on recruiting, training and developing an individual(s) before delivering the activity.

What worked well? It might be helpful to think of this in terms of Intent, Implementation, and Impact. This is the best place to include any quotes if you have them.

We partnered with the YES Project to deliver 28 opportunities for children and young people 10 – 14 years to learn to dance, perform, lead, make friends and have fun. More about this work is featured here <https://yesdance.uk/> These opportunities included 4 stage performances, 2 social events/trips and a Youth Voice meeting between the end of September 2023 and March 2024. Classes were mainly held in the local community centre and stage performances were at the Brighton Dome and The Old Barn Theatre in Southwick. Our work is children and young people led and this means they get to choose the themes, music and are supported to develop their own choreography for performance. This practice fits our youth work values and principles and we are proud to work with the YES project that shares these too.

To recognise children and young people's development and achievements through Street Dance we established a Street Dance Digital Badge for Participation which was quality assured and published in October 2023. All the children and young people were presented with their Digital Badge Award in the Autumn Term of 2023 receiving a medal and a certificate. The earners of this badge attended regular street dance classes, demonstrated commitment to their peer group, and took part in performance opportunities. They had to demonstrate the following skills: Commitment, Collaboration Coordination, Strong Work Ethic, Self-Discipline, Teamwork, Vocabulary, Choreography, Street Dance Confidence, Professional Growth, Adaptability, Determination plus...

have demonstrated commitment and determination by attending a minimum of 12 street dance classes and learned what it takes to become a dancer, performed choreographed movements, and expanded their dance move vocabulary.

increased their knowledge of body awareness and physical control. Shown clear and precise placement of their limbs and body when executing movements, and demonstrated their understanding of proper body alignment, posture, weight and balance, coordination of movement, flexibility and range of motion, strength and endurance, musicality, and rhythm.

demonstrated excellent collaboration and teamwork skills by working with choreographers, directors, and fellow dancers to prepare for a public performance. Shown trust and respect for their dance partner, and that they can be adaptable and flexible to fit the needs of the production while maintaining self-discipline and a positive attitude.

Any unexpected challenges

Finally, we would like to know what happened that was unexpected, any variation from the original plan. Please include details if you were able to manage any unforeseen challenges, and any differences in how you might approach the project if you were to run it again.

On 10 October, Hove Fitness and Squash closed with immediate effect after it was discovered that parts of the building leased from Entain contained Raac (dangerous concrete). We were therefore unable to continue to use the dance studio and our bookings were cancelled. This was totally unexpected and left us homeless with the challenge to find a new venue to deliver the classes that was local and accessible for the children and young people. We were fortunate to be able to hire the use of St Richard's Church and Community Centre main Hall and whilst not a dance studio it offered the welcoming warmth, accessibility and affordability for us to continue with the weekly sessions. We were pleased to have been able to overcome this challenge with immediacy and delivery was not affected although the disruption was stressful at the time young people transitioned to the change of venue with reasonable ease.

Optional: Personal Journey

If you come across a participant's interesting personal journey, we would potentially like to feature them in a separate news article, so please include their details here.

We are awaiting parent and participant consent to publish a personal journey and will keep you posted.

