

Youth Team Report for the Rotary with Thanks

The Incredibles Send Youth club

Date: March 2023

extratime



The Hangleton
& Knoll Project
Working for a better community

Summary of project / Partnership / Programme / Funder

We are very grateful for the £500 donation from the Rotary to help us grow and support our Tuesday Youth Club sessions for 14-25 year olds for those young people with additional learning and physical needs. It is run as a combination of open youth club provision and targeted activities in St Richards Church and Community Centre. These include arts and crafts, cooking, music, games, getting active as well as chatting and making friends with trips in the holidays. There is a strong focus on participation with all members contributing to the planning of the half termly programme of activities. The main aim of the project is to empower young people in a safe space to lead a healthy, happy life where they feel included, have choices, build relationships with trusted adults and make friends in their community. We work in partnership with 2 specialist organisations, Extratime and AMAZE to staff the club.

What is the need being addressed?

- A need for a safe space for local young people with special educational needs and disabilities (SEND) to meet regularly due to a lack of this kind of provision in the area
- An opportunity for young people with SEND to develop their social, emotional and life skills in a fun and inclusive way
- To enable young people with SEND to have a voice, participate in community life and to support them into independence in the best way we can

Outputs table



10 Active members of the club
who attend every week

34

We have delivered 34 youth club sessions

4

Trips in the holidays

Impacts and outcomes

The kind donation to our club has made all the difference in directly benefiting the young people because they get to have a say in what they want to do with it for fun activities and food. The Youth workers have supported the young people to plan their sessions like hire a Zumba teacher to come and teach a class, purchase cooking ingredients to learn how to make nutritious meals and seasonal foods like mince pies and pancakes. They have done lots of fun activities like science experiments, making tie dye t-shirts, clay modelling and painting. The donation has made a big impact for the members as they have been able to grow in confidence and start to lead the way in running their own club which is fantastic! The highlights of the year have been trips to the Love Supreme Festival, a trip to glow golf, and a trip into Brighton Marina. The members have made new friends as a direct result of these shared experiences and this is something that you just can't put a price on. Every week the young people consistently turn up to their club as it means so much to them. The Youth Workers are very appreciative to all at the Rotary for their kindness in donating to our worthy cause as it goes from strength to strength.

What young people say and feel



What our parents say

"My Katie hasn't been coming for that long but already loves it. It's a lovely safe space that she can just be like any other teenage girl. Having fun with and meeting new friends. There is not much for our lovely send kids to do in Brighton so this club is well needed. Keep up the good work your all amazing". Jacqui

"A very much needed club that Teejay enjoys going to"

"Nathan enjoys the club excited every week and says much of a wonderful time he has had would be sad if it went"

"Charlotte loves going to the club each week. Meeting friends, old and new. She always comes out smiling. There is nowhere else like this that she can go on a weekly basis. The club is definitely needed for our young people".

"Hannah has newly joined the club. She loves coming every Tuesday. It is an amazing space to allow Hannah to relax, mix socially and have fun in a safe, well supported environment. A free club is unheard of so there is no barriers to attending. Great variety of activities planned and very well resourced every week. Feel very grateful Hannah has a space at the club".

"Brandon really enjoys his time at club , especially the arts and crafts and cooking . It is a very inclusive club and he feels very welcome and comfortable to be himself . We really appreciate the space and the staff are all so kind and dedicated".

"Alice settled into the club immediately thanks to the great staff. Attending the club is always a high point of her week that she always looks forward to. It's so great that there is a safe nurturing space which helps her to meet up with other young people independent of her family. We are very grateful for the safe, supportive and fun environment the club always provides".



**FUN
ACTIVITIES**



**LOVE SUPREME
FESTIVAL 22**



TRIPS



GAMES



LIFE SKILLS



MAKING FRIENDS



KEEPING ACTIVE

Contacts

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