

The Incredibles Youth Club

Activity Report March 2025



**The Hangleton
& Knoll Project**
Working for a better community
in the West of Brighton & Hove
CLG No. 7260539; Reg Charity No. 1139971

Summary

We are grateful for the Rotary donation that has supported the growth of our inclusive youth club for young people in delivering SEND (special educational needs and disabilities) friendly weekly sessions. We are continuing with our youth led ethos while keeping the safe and relaxed environment. We have been able to provide healthy snacks and targeted activities. This fantastic session is being ran from the heart of the community at St. Richards Church and Community Centre. The activities include arts and crafts, cooking, music, games, getting active as well as chatting and making friends with trips in the holidays. We maintain a strong focus on participation with all members contributing to the planning of the half termly programme of activities. Within our project we aim to empower young people in a safe inclusive, accessible space to lead a healthy, happy life. The sessions are run by our experienced and skilled team of youth workers working in partnership with AMAZE.

What is the need being addressed?

- A need for a safe space for local young people with special educational needs and disabilities (SEND) to meet regularly due to a lack of this kind of provision in the area
- An opportunity for young people with SEND to develop their social, emotional and life skills in a fun and inclusive way
- To enable young people with SEND to have a voice, participate in community life and to support them into independence in the best way we can

Outputs table

18 Active members of the club



27

We have delivered 27 youth club sessions from September 2024 to March 2025

3

Trips in the holidays

Impact examples

Young Person A: This young person has Autism and a condition called “Bartters syndrome” which affects their ability to eat and swallow. When this young person first started attending he didn’t eat or drink, and struggled to participate at other clubs. After just a few months of attending, they now join in with activities and enjoys the snacks.

Young Person B: They came through as a referral from a Family Hub Key Worker. They had not attended school in 3 years and refused to do anything outside of their home. They are now attending our session every week and look forward to coming. They are also happily spending more time with their family.

Young Person C: This young person has been attending since October. They had tried other youth clubs but experienced bullying. They have never managed to attend other sessions for any more than 3 times however, due to the inclusive ethos adopted by our members and staff, this young person attends every week and uses the opportunity to do their course work.

A positive outcome is that we have doubled our number of participants over the past 6 months.

What young people say and feel

fun!!

Love seeing my friends

It feels like home here

i look forward to coming every week

Love the food

Thanks for everything

The collage features various blue and pink speech bubbles and circular icons containing emojis like hearts, sunglasses, thumbs up, and smiling faces.

“She is really enjoying the group. She feels really safe there. That is a big thing. S has never attended anything more than 3 times and this is now her 6th week!”

“He looks forward to club every week. It’s his favourite thing to do”

“V has not attended anything for a long time. This will be very good for them. I have not seen them smile for so long. This means the world to me”

“We love the club. Please don’t end it”

“This club has really helped with my confidence and I am now happy to talk to others at college”

“They honestly don’t know what they are going to do when A has to stop coming. This session means the absolute world to her”



**FUN
ACTIVITIES**



LIFE SKILLS



KEEPING ACTIVE

Contacts

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